

永續環境與勞作教育課程內容說明

Sustainable Environment and Labor Education Course Description

根據聯合國 SDGs 目標，為提供環境使用者有良好的生活環境以維持良好之健康及福祉，老師帶領學生透過勞作教育課程校園環境服務經驗學習，佐以團體討論、回饋、反思，達成學習與自我、他人及環境的互動，進而養成同理、負責、自律、關懷、合作等人格發展與處事態度，成為現代優秀公民的必要素養。同時勞作教育也為培養學生認識聯合國永續發展目標（SDGs）建立及實踐環境永續觀念以作為專業學習之重要方向，因此，希冀藉由課程中多元的實務體驗及生活實踐，提升良好公民素質及實踐公民責任，有效培養學生未來就業的核心能力。

In alignment with the United Nations Sustainable Development Goals (SDGs), this course aims to provide environmental users with a high-quality living environment to support good health and well-being. Under the guidance of instructors, students participate in campus environmental service through labor education courses, complemented by group discussions, feedback, and reflection. This approach enables students to learn how to interact with themselves, others, and the environment, and to develop personal qualities such as empathy, responsibility, self-discipline, care, and cooperation—essential attributes for becoming competent and responsible modern citizens.

At the same time, labor education helps students understand the SDGs and establish as well as practice concepts of environmental sustainability, serving as an important direction for their professional learning. Through diverse practical experiences and real-life applications embedded in the curriculum, the course aims to enhance students' civic qualities, foster a sense of civic responsibility, and effectively cultivate core competencies for future employment.

本課程目標乃是協助學生透過校園及社區服務活動，從學習中了解環境永續的意義，擴大自己的生活範圍與生命歷練。培養學生建立下列能力與理念：

- 1、增進學生對就讀學校之環境及事物之認識，啟發愛護自然的動機，促進環境及生活適應。
- 2、培養學生關心並參與校園事務，營造友善的校園文化，培養具負責任及關懷社會的公民能力。
- 3、養成學生關懷社會的胸襟及樂於服務人群的習慣，內化服務於生活之中。
- 4、透過環境實踐永續服務培養學生的核心能力，增進社會競爭力。

Course Objectives

The primary objective of this course is to assist students in understanding the meaning of environmental sustainability through participation in campus and community service activities, thereby broadening their life experiences and perspectives. The course seeks to cultivate the following abilities and values:

1. Enhance students' understanding of their school environment and surroundings, inspire motivation to care for nature, and improve environmental and life adaptation.
2. Encourage students to care about and participate in campus affairs, create a friendly campus culture, and develop responsible and socially caring citizenship.
3. Foster a mindset of social concern and a habit of serving others, integrating service into daily life.
4. Develop students' core competencies through practical sustainability initiatives and enhance their social competitiveness.

本課程教學目標是協助學生透過參與環境整理的實作過程，增進對居住環境的瞭解與認同，並從勞作教育中體驗服務的意義，培養學生建立服務利他的價值觀。

- 1、期望透過環境整理的實作體驗，增進學生的校園環境認同感與環保概念。
- 2、課程藉由「動手實作」過程培養學生從中發現問題並尋求解決方法之能力。
- 3、將勞作教育定調為永續素養及實踐力之培育，鏈結「大學社會責任」，建構多元環境永續勞作教育學習。
- 4、結合校園節能減碳課程，讓學生在培養低碳節能觀念及生活技能。

Instructional Objectives

The instructional goal of this course is to guide students, through hands-on participation in environmental maintenance, to deepen their understanding and identification with their living environment, while experiencing the significance of service through labor education and cultivating values centered on altruistic service.

1. Through hands-on environmental maintenance experiences, strengthen students' sense of identification with the campus environment and enhance their environmental awareness.
2. Develop students' ability to identify problems and seek solutions through practical, hands-on learning processes.
3. Position labor education as a means to cultivate sustainability literacy and practical competence, linking it with University Social Responsibility (USR) and establishing diversified learning in sustainable environmental labor education.
4. Integrate campus energy-saving and carbon-reduction initiatives to help students develop low-carbon awareness and practical life skills.

勞作教育課程從過往所有學生不論家庭背景、一律平等的「彎腰打掃工作」品格教育培養，至今透過課程規劃，將校園環境資源適當分配、協調，將「清潔」與「服務」工作的完成，希望藉由實際勞作的過程，提昇學生之體能並使學生體認勤勞的美德，養成學生手腦並用及協作的的能力；同時透過多元考評制度，激發工作熱忱，培育團隊精神，實踐教育宗旨，體會生活實踐的辛苦及重要性。符合本校培育服務業人才訓練中，時常要彎腰以對，反思自我心態及姿態，應抱持柔軟、能屈能伸的態度。以培養學生未來面對更為嚴峻的工作職場環境，在服務業不只得學會彎腰，還記得保持微笑，其課程背後所賦予的意義與訓練，有助於提升學生進入職場的核心能力素養及職場競爭力。

Course Philosophy and Implementation

Labor education has evolved from a traditional character-building practice—where all students, regardless of family background, equally participated in tasks such as bending down to clean—into a systematically planned curriculum. Through proper allocation and coordination of campus environmental resources, tasks related to “cleaning” and “service” are integrated.

Through actual labor experiences, the course aims to:

- Improve students' physical fitness
- Help them appreciate the virtue of diligence
- Cultivate the ability to use both hands and mind, as well as teamwork skills

Additionally, through a diversified evaluation system, the course seeks to stimulate motivation, foster team spirit, implement educational goals, and enable students to understand the effort and importance of practical life experiences.

This approach is also aligned with the training of service industry professionals at the university. Students are encouraged to reflect on their attitudes and posture—learning to remain humble, flexible, and resilient. In preparation for the challenges of the future workplace, especially in the service sector, students are not only expected to “bend down” in service but also to maintain a positive attitude and a smile. The deeper meaning and training embedded in this course contribute to enhancing students' core competencies and competitiveness in their future careers.