

國立高雄餐旅大學 運動代表隊組隊管理及獎懲辦法

Regulations for the Establishment, Management, and Rewards and Disciplinary Measures of University
Sports Teams
National Kaohsiung University of Hospitality and Tourism

87年9月23日體育室室務會議審議通過

Approved at the Physical Education Office Affairs Meeting on September 23, 1998

89年9月10日體育室室務會議修正通過

Amended and approved at the Physical Education Office Affairs Meeting on September 10, 2000

99年9月6日體育室室務會議修正通過

Amended and approved at the Physical Education Office Affairs Meeting on September 6, 2010

99年11月14日99學年度第1學期第2次臨時校務會議修正通過(授權統一修正校名)

Amended and approved at the 2nd Extraordinary University Council Meeting of the 2010 Academic Year
(1st Semester) on November 14, 2010 (authorized unified revision of the University name)

105年1月10日體育與健康中心會議修正通過

Amended and approved at the Center for Physical Education and Health Meeting on January 10, 2016

106年8月23日第381次行政會議通過本校法規提案審議作業規範第六點(法規最末條條文統一修正)

Amended in accordance with Article 6 of the University's Regulations Governing Legislative Proposal
Review, approved at the 381st Administrative Meeting on August 23, 2017 (uniform revision of the final
article)

106年12月13日配合本校組織規程教育部台教技(二)字第1060179646號函核定修正(原職稱、組織名稱)

Revised on December 13, 2017, in accordance with the University Organizational Regulations approved by
the Ministry of Education

第一條 候選資格：凡本校在籍學生，具備下列條件者均有候選資格經選拔而入選本校各項運動代表隊。 Article 1 – Eligibility All currently enrolled students who meet the following requirements are eligible for selection to the University's sports teams:

- (一) 身心健康、品行優良學業成績平均及格操行成績中等以上者。 Physically and mentally fit, with good conduct, passing academic performance, and a conduct grade of at least average.
- (二) 具有各項運動專長或身體條件適合於該項運動者。 Possess specialized sports skills or physical attributes suitable for the sport.

第二條 選拔方法：本校各項運動代表隊選拔事宜於每學年第一學期內辦理、選拔日期、地點、方式準由體育與健康中心公佈。 Article 2 – Selection Methods Selection for each sports team shall be conducted during the first semester of each academic year. The date, location, and method shall be announced by the Center for Physical Education and Health.

- (一) 單項運動保送入學者。 Students admitted through special admission for specific sports.
- (二) 各單項運動舉行校內選手權選拔賽。 Selection through on-campus tryouts for each sport.
- (三) 由班際比賽優勝隊中挑選。 Selection from winning teams in inter-class competitions.
- (四) 由各教練就全校學生中挑選合適者，經訓練後視成績錄取。 Selection by coaches from the general student body, followed by training and evaluation.

第三條 訓練規程： Article 3 – Training Regulations

- (一) 凡當選學校各項運動代表隊隊員，均應參加專長訓練。 All selected team members must participate in specialized training.
- (二) 教練須按訓練季節之不同擬定一年之訓練計劃，訓練時間及地點由教練會議商討排定。 Coaches shall formulate an annual training plan based on seasonal requirements; training

schedules and venues shall be determined through coaches' meetings.

(三)訓練方法：Training methods include:

- 1、體能訓練及技巧訓練並重。Equal emphasis on physical conditioning and skill development.
- 2、個別指導或團體指導視各單項運動之需要自行決定。Individual or group instruction depending on the sport.
- 3、以科學理論與實際方法記錄訓練狀況，作為改進之依據。Use of scientific methods and records to monitor training and improve performance.

第四條 管理辦法：Article 4 – Management

- (一)各運動代表隊之一切隊務推動情形，須受體育與健康中心之輔導，入選運動代表對之學生訓練時必遵從教練之指導。All team operations shall be supervised by the Center for Physical Education and Health; team members must follow coaches' instructions during training.
- (二)各運動代表隊得設教練一人，由校內具有專長教師兼任。教練負責練習與比賽之指導事宜。Each team shall have one coach, appointed from qualified faculty members, responsible for training and competition guidance.
- (三)各運動代表隊選出隊長一人，綜理隊務。Each team shall elect a team captain to oversee team affairs.
- (四)各運動代表隊運動器材之保管及財務管理應設專人管理。Equipment and financial management shall be assigned to designated personnel.
- (五)各運動代表隊代表本校參加對外比賽時，一律給予公假。Team members representing the University in external competitions shall be granted official leave.
- (六)各運動代表隊為增加比賽經驗，加強技術，得聯絡外隊舉行友誼賽或邀請賽惟須遵守下列規定：To enhance competitive experience and skills, teams may organize or participate in friendly or invitational matches under the following conditions:
 - 1、盡可能不影響正課。Must not interfere with regular academic classes.
 - 2、須經教練核可。Must be approved by the coach.
 - 3、須呈請學校核准。Must obtain approval from the University.

第五條 獎勵辦法：Article 5 – Rewards

- (一)各運動代表隊隊員於規定練習時間、表現良好、服務認真，學期終了前，由各隊教練開列名單，送體育室轉請予獎勵。Team members who demonstrate good performance, consistent attendance, and dedication during training may be recommended by the coach for rewards before the end of the semester.
- (二)各運動代表隊，代表本校參加對外比賽，獲得優勝或表現特優者，由教練依據學生獎懲辦法報獎勵。Team members who achieve excellent results or outstanding performance in external competitions shall be recommended for awards in accordance with the University's student reward and disciplinary regulations.
- (三)各運動代表隊隊員，在校期間表現優異者，得由教練呈報畢業時，頒予體育獎。Team members with outstanding overall performance during their enrollment may be recommended by their coach to receive a sports award upon graduation.

第六條 懲罰辦法：Article 6 – Disciplinary Measures

- (一)在訓練中或比賽中如有違反校規者，一律報請學校議處。Any violation of University regulations during training or competitions shall be reported for disciplinary action.
- (二)如有下列情形之一者，勒令退隊並酌情議處。Team members shall be dismissed from the team and subject to disciplinary action under the following circumstances:
 - 1、參加校外比賽，無故棄權者。Withdrawal from competitions without legitimate reason.
 - 2、運動精神或運動道德欠佳者。Poor sportsmanship or misconduct.
 - 3、不服從教練之指導者。Failure to follow coaches' instructions

第七條 本辦法經體育與康健中心會議通過，陳請中心主任核定後公告實施，修正時亦同。Article 7 –

Implementation. These Regulations shall be implemented upon approval by the Center for Physical Education and Health and authorization by the Director of the Center. The same procedure shall apply to any amendments.

本規章負責單位：體育競賽活動暨勞作教育組

Responsible Unit: Division of Sports Competition Activities and Labor Education